



NATURE X CONNEXION

From Grief to Gratitude Retreat

A 6 day "Grief to Gratitude" retreat facilitated by the most caring Energy Psychology practitioners, Jeanne Booth & Bennie Naudé. Weaved together with relaxing safari activities, expect to shift perspectives and experience profound healing in a nurturing environment...



Space to
Reconnect



Big 5
Safari



Vegetarian
Catering



Eco
Conscious

What awaits ?

- Daily meditation.
- Daily 3 hour group session.
- Wellbeing & healing modalities such as TRE & breathing exercises.
- 'Big 5' game drives in open 4x4 vehicles & bush walks.
- An eco-conscious camp neighbouring the Greater Kruger, built beneath trees under a pristine river.
- Bonus : one private session with either Jeanne or Bennie during your stay.



Dates & Price

3 May - 8 May 2022

6 days / 5 nights

R 22.500 or € 1.300



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